This fact sheet explains the potential health hazards associated with the radioactive decay of uranium and other radioactive elements found in ore and mill tailings.

**Background**

From 1942 to 1960, uranium and vanadium were processed at the Monticello mill in Monticello, Utah, leaving behind approximately 2.6 million cubic yards of mill tailings on the site and throughout the community. Cleanup of these areas is being performed by the U.S. Department of Energy (DOE) Grand Junction Projects Office, in conjunction with the U.S. Environmental Protection Agency (EPA) and the State of Utah. The purpose of the cleanup is to minimize the risks to the public and environment from exposure to the tailings and the radon gas they produce.

**Definition**

Radiation is energy emitted by unstable (radioactive) atoms. Unstable atoms contain extra energy that is released as invisible particles or waves as the atoms change, or decay, into more stable forms. Particles and waves are referred to as radiation and their emission is called radioactivity.

**Sources of Radiation**

People are exposed to radiation from natural and man-made sources.

Natural sources of radiation exist in rocks, soil, air, and water on the earth. Other sources are the sun and outer space. Everyone, no matter where they live, is subjected to natural or “background” radiation. Natural radiation accounts for approximately 82 percent of the total exposure that the average person receives during a lifetime.

The largest contributor to natural radiation doses is radon, a colorless, odorless gas produced by the radioactive decay of radium. Radium is found in uranium ore and mill tailings, which are a fine, sandy material that contain much of the radioactivity that was present in the unprocessed ore.

Man-made sources of radiation, most notably from medical uses and consumer products, contribute to the remaining radiation dose that individuals receive. A few household products, including smoke detectors, microwave ovens, and color televisions, emit small amounts of radiation. For most people, the benefits from using such products far outweigh the radiation risks.

**Radiation Dose**

Radiation is measured in various units. Individuals who have been exposed to radiation have received a radiation dose. Radiation dose to people is expressed in “rem” or “millirem.” A millirem (mrem) is one-thousandth of a rem. Rem measures the ability of the specific type of radiation to do biological damage to human tissue. The average chest x-ray, for example, delivers a dose of about 20 millirem to a patient.

In the United States, a member of the general population receives an average annual radiation dose of 360 millirem; however, this dose will vary across the country depending on natural and man-made radiation sources.
Radon gas is produced by the radioactive decay of radium in tailings. If radon gas is inhaled during a long period of time, it can cause damage to lung tissue, increasing the risk of lung cancer. Concentrations of radon gas in homes and businesses is of particular concern. Because radon is a gas, it can easily enter structures through cracks in foundations and seeps around pipes. Radon is more likely to collect in higher concentrations inside buildings than in soil. Gamma radiation can penetrate the entire body, damaging cells and potentially resulting in other types of cancer.

Radiation, however, is not alone in its cancer-producing potential. In fact, an average of 1,600 people in every 10,000 die from some form of cancer. If all 10,000 people received 1 rem each, statistics show that one additional person would die of cancer. However, it would be impossible to determine which of the 1,601 cancer deaths was caused by the radiation.

The EPA and DOE have determined that, although the potential risk is small, the increase in risk to the public from exposure to uranium ore and tailings at Monticello is unacceptable. The cleanup is designed to reduce public exposure and to isolate this source of radiation to protect both human health and the environment now and in the future.

Types of Radiation

Radiation that has enough energy to damage cells in human tissue is called ionizing radiation. There are three basic types of ionizing radiation. Large, slow-moving alpha particles are easily stopped by a sheet of paper or the skin. Smaller, faster beta particles pass through paper or skin but can be stopped with a thin shield, such as a sheet of aluminum foil. Stopping gamma radiation (which travels at the speed of light) takes a thick shield of steel, lead, or concrete. X rays and cosmic rays are examples of gamma radiation. All three of these types of radiation are emitted by radioactive elements found in uranium ore and mill tailings.

Health Risk of Mill Tailings

The primary health concern is a potential increase in the risk of cancer from inhalation of radon and direct exposure to gamma radiation in the mill tailings. Both radon and gamma radiation are generated in the tailings piles, as well as in other contaminated soils and materials on the millsite, the properties bordering the millsite, and homes and businesses where tailings and ore contamination are found.

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